

Ngā Māia ki Tāmaki Makaurau

Ngā Māia o Aotearoa Māori Midwives

Monthly hui venue and postal address: NZCOM Auckland Region Midwifery Resource Centre, Yarnton House, 14 Erson Ave Royal Oak, Auckland 1061

Phone: Megan Tahere (Chairperson) 027 3669358 or

Kaniwa Kupenga-Tamarama (Deputy Chairperson) 021 02891937

Email: ngamaia.tamakimakaurau@gmail.com



Upcoming Events

Every Tuesday

AUT Tōhī Toastmasters - City Campus

July 4, 2017

NZCOM Auckland Meeting - Matariki Celebration

July 6, 2017

Perinatal Anxiety and Depression Aotearoa Seminar - Auckland

July 12, 2017

NMTM Monthly Hui

October 19 - 20, 2017

8th Biennial Joan Donley Research Forum

August 25 - 26, 2017

Te Kahu Wahine hui in Whangarei

October 17 - 19, 2017

Oceania Tobacco Control Conference

November 11, 2017

AUT University Māori Midwifery Student Hui

Save the Date 2018

November 13 - 16, 2018

Ngā Pae o te Māramatanga 8th Biennial International Indigenous Research Conference

Ngā mihi nui ki a koutou katoa, warm greetings to you all

Wow! Our June Ngā Māia ki Tāmaki Makaurau [NMTM] hui was one of the biggest turnouts we have had to date. Thank you to everyone who made time to attend! It was great to see so many new faces, and for our members and whānau to come together to share kai and enjoy our amazing guest speaker.

We would like to thank Dr Naomi Simmonds, for attending and sharing with us her deeply passionate and inspiring kōrero about mana wahine and Māori birthing. Dr Simmonds talked about how Māori maternal bodies are inextricably linked to our histories, geographies and language. Te whare tangata is revered and celebrated throughout Māori oral history and this power is reflected in our culture today. Thank you Dr Simmonds, we were moved and inspired by all you had to say!



We are excited to introduce our new panui segment that showcases our incredible and hardworking Māori midwives and midwifery students. We want to hear your success stories, funny moments or inspiring experiences and invite you to nominate someone incredible who you think needs to be recognised or email us your story to ngamaia.tamakimakaurau@gmail.com

Check out our
Ngā Māia o Aotearoa website
<http://www.ngamaia.co.nz>



Ngā Māia ki Tāmaki Makaurau

Read more about our rōpu
<http://nzcomauckland.org.nz/>

Ngā Māreikura o Ngā Māia ki Tāmaki Makaurau

Ngā mihi ki ngā wāhine whakawhānau me ngā tauira o Ngā Māia ki Tāmaki Makaurau

Acknowledging our Māori midwives and midwifery students

Jacquelyn Paki - First Year Māori Midwifery Student, AUT University

A seed was planted within Jackie Paki 10 years ago when she caught her niece Phoenix on the lounge room floor of her sister's whare. Jackie says that she was "blown away by the experience of being the first person to greet this precious life that had just arrived into the world". Her sister's midwife, Glenda Southey, said she would make a great midwife. So, with that being said, here she is. Jackie is an AUT University Māori midwifery student, an NMTM student representative which enables her to share her passion for midwifery and foster this in others, and super māmā to what she describes as her "three tino taonga, Cascade Reihana te mātāmua, rātou ko Paewaka Kupenga kei waenga nui, ko Terrence Cunningham te pōtiki". Jackie adds that her children have two older siblings, Karetu and Georgia, who complete their beautifully blended whānau. Jackie says that although their whānau is widespread, there is a connection within each one of them keeps them close. Proudly asserting, "everything I do, I do it for my whānau".

Jackie's journey as a midwifery student has been fast and challenging. After deciding to give up her job of 14 years at New Zealand Post to answer what she believes was a karanga into the profession of midwifery, she is now celebrating the success of her completion of core papers as a Bachelor of Health Science standard pathway student. Jackie's dedication and determination in her studies has resulted in a place in the midwifery programme, commencing in semester two.

Jackie reflects on how far she has come and how the perspective she entered the standard pathway with has evolved to provide a new outlook of the world, particularly the health sector and maternity services. An awareness of the need for more Māori midwives fuels her desire to be a part of the midwifery profession. "When having our youngest pēpi we found that there is a need for better understanding and acknowledgement of tikanga Māori within the health system. It is my passion to ensure this is possible for all whānau I encounter". Jackie feels that her life experience and studies will well equip her with the tools to empower wāhine, inspiring

positive and healthy outcomes for māmā, pāpā, pēpi and whānau.

When articulating how she has arrived at the current stage of her journey, Jackie states "I owe this last semester to all of my support networks that I have reached out to as well as those who have reached out to me". Jackie has attended NMTM hui and benefited from this involvement since November 2016. She says she "had all these big ideas of how I would like to implement tikanga Māori into birthing". Since engaging with NMTM Jackie has been inspired by other midwives, students and health professionals, and has been able to put these ideas into action. Multiple guest speakers have also provided Jackie with additional drive to succeed in her studies and make a genuine difference in the community. Jackie makes a point of acknowledging her whānau and friends who believe in her and can see her potential to be a midwife who will provide confident and competent midwifery care to whānau, hapū, iwi and the community of Waitakere where she plans to practice upon graduation. Jackie considers her involvement with NMTM and all the support she has received from whānau and friends to be the watering and nurturing of the seed that was gently planted for her 10 years ago.

Jackie is currently on mid semester break after what she says has been an amazing journey of growth and learning which she is excited to embrace more of in the coming years. The seed planted is flourishing for all to see and Jackie would like to thank Glenda for planting this seed, and to all that are nurturing it. NMTM would like to thank Jackie for sharing her journey, being a key contributor to NMTM and an integral component to the development of our Māori midwifery workforce as we strive to deliver optimal outcomes for Māori women and whānau.



Ko Hikurangi tōku maunga
Ko Makatote tōku awa
Ko Horouta tōku waka
Ko Hiruharama tōku marae
Ko Kapohanga tōku
wharenui
Ko Nga Tamatoa tōku
wharekai
Ko Te Aowera tōku hapu
Ko Ngati Porou tōku iwi
Ko Tiriti O Waitangi Paki
tōku pāpā
Ko Judith Cunningham tōku
māmā
Ko Terrence tōku
hoarangatira
Ko Jacquelyn Paki ahau

KIA ORA HAUORA NEEDS YOU!

As the current and future Māori midwifery health workforce, we want to make sure we keep in contact with you all and ensure that you are enrolled with our programme - Kia Ora Hauora. This programme is designed to support the needs identified by you all as well as enabling the recruitment, retention and revitalisation of the Māori Health Workforce. Kia Ora Hauora provides NMTM with sponsorship grants, useful information and links to employment opportunities. If you have not yet registered with Kia Ora Hauora, we invite you to do so as we have one of the most up-to-date scholarship databases that can help you with your study journey and into the workforce. Enrolling with us is simple, head along to our website and enter your details so we can keep in contact with you. <http://www.kiaorahauora.co.nz/register-kia-ora-hauora>

If you are already enrolled with our programme, and are now in the workforce, we would love to gain a short profile and photo to include you in some social media communications on our Kia Ora Hauora Northern Facebook page, as well as a newsletter that we are developing to promote and inspire our future Māori midwives! If you have any queries contact us on northern@kiaorahauora.co.nz

WHAT YOU MISSED AT OUR LAST MONTHLY HUI

Wednesday 14th June 2017

- Elections were held at our June hui for NMTM Office Holders. We would like to congratulate the re-election of Megan Tahere as Chair, Kaniwa Kupenga-Tamarama as Deputy Chair, Puti Baker as Treasurer and Cinnamon Lindsay as Secretary.
- We have received our new NMTM flag which we will proudly have on display at all NMTM hui and events in the future. We would like to thank Speedy Signs Manukau for designing our flag at no cost.
- In celebration of Matariki 2017 NMTM will provide the education and kai at the July NZCOM Auckland region hui. Master Weaver, Te Atiwei Ririnui will share an enlightening presentation on tikanga raranga with seafood chowder, vege soup, fried bread and cake provided for all.

NAU MAI HAERE MAI KI TE HUI A NGĀ MĀIA KI TĀMAKI MAKĀURAU

Venue: NZCOM Auckland Region Midwifery Resource Centre,
Yarnton House, 14 Erson Ave, Royal Oak, Auckland

Time: Wednesday 12th July 2017, 1800 - 2130

1800 - 1930: Committee and regional business hui
Ngā Māia o Aotearoa members welcome

1930 - 2130: Regional hui and education/guest speaker/discussion forum
All midwives, students and whānau welcome

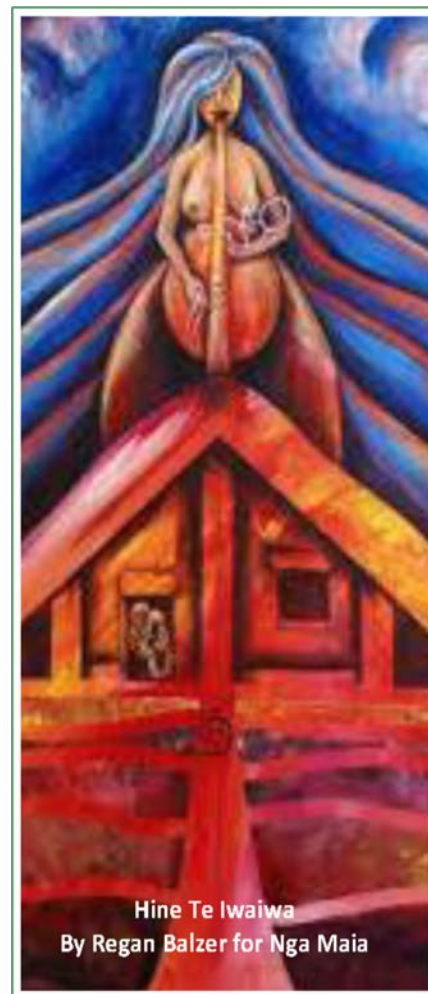
July Guest Speaker

Selah Hart

Māori Health Workforce Development Co-ordinator, Waitemata and Auckland DHB

Kia Ora Hauora and Supporting the Midwifery Workforce

You are welcome to bring a plate of kai to share



Announcements

Puti Baker - Treasurer

If you would like to become a Ngā Māia o Aotearoa member, please visit <http://www.ngamaia.co.nz> to download a membership form. Annual membership fees are: Midwife - \$100; Student Midwife, Whānau, Consumer, Kaumatua - \$30.00.

Cinnamon Lindsay - Secretary

If you are due for your MSR and require certificates for your NMTM professional activity and continuing midwifery education involvement, please email us at least two weeks prior to needing these records. Also, members can you please advise us if you have a change in contact details for rūpu communications. ngamaia.tamakimakaurau@gmail.com