



March 2018 / Pānui 33

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UPCOMING EVENTS

April 3, 2018

NZCOM Auckland Monthly Meeting

April 11, 2018

NMTM Monthly hui

May 3, 2018

Dear David: A Delivery For David -
The Beehive

May 5, 2018

International Day of the Midwife

May 6, 2018

Crown/Māori Relations Hui - Auckland

August 24 - 25, 2018

15th NZCOM Biennial National
Conference - One Voice

September 10 - 12, 2018

Whānau Ora Hui 2018 - Te Pou
Matakana

November 13 - 16, 2018

Ngā Pae o te Māramatanga 8th
Biennial International Indigenous
Research

NGĀ MIHI NUI KI A KOUTOU KATOA

We would like to thank all who attended our March hui. As always, it was a wonderful evening and we look forward to seeing you all again next month and welcome any new people who would like to join us.

At this month's hui we were joined by Joanne Rama who has a background in midwifery and among many things is now sharing this knowledge with women and their whānau as a Childbirth Educator for Auckland District Health Boards Pregnancy and Parenting Programme. Last year Joanne attended the 31st International Confederation of Midwives Conference in Toronto, Canada. This trip presented many opportunities to meet and learn from a range of experts in the field of midwifery and global health. Joanne was excited to share with us the new Empathy Toy, by Twenty One Toys, which is a blindfolded puzzle game that can only be solved when players learn to understand each other. It was great to hear about your travels Joanne and we thank you for attending our hui to share your experiences and learning with us all.

Following from our February hui, researchers Dr Anneka Anderson and Elizabeth Strickett would like to thank the people who responded to their advertisement in last month's pānui and on our Facebook page. Your enthusiasm and participation in their study, 'Māori experiences of antenatal care in Tāmaki Makaurau', is much appreciated and we look forward to having the findings of this research available to guide us.



Ngā Māia o Aotearoa Website

<http://www.ngamaia.co.nz>



Ngā Māia ki Tāmaki Makaurau

Read More About Our Rōpū

<http://nzcomauckland.org.nz/>

NGĀ MĀREIKURA O NGĀ MĀIA KI TĀMAKI MAKĀURAU

NGĀ MIHI KI NGĀ WĀHINE WHAKAWHĀNAU ME NGĀ TAUIRA O NGĀ MĀIA KI TĀMAKI MAKĀURAU

Acknowledging our Māori midwives and midwifery students

In this month's pānui we celebrate an amazing, hard-working and crucial member of Ngā Māia ki Tāmaki Makaurau, Puti Baker.

Ko Mauao te māunga, ko Tauranga te moana, ko Mātaatua te waka, Ko Ngāti Ranginui, Ngāi Te Rangi me Ngāti Pūkenga ōku iwi, ko Ngāti He tōku hapū, ko Maungatapu te marae, ko Puti Baker ahau.

Puti lives in Manurewa with her wonderful and supportive husband Stewart, a Social Worker at Roscommon Primary School, and their three beautiful children – nine year old Lylah, eight year old Lyrin and one year old Lyril. Puti is also hapū with their fourth pēpē. She is a dedicated and loving mother who puts the same energy, love and care into her role as a Lead Maternity Care [LMC] midwife in the Counties Manukau community. Puti is also our NMTM Treasurer, Māori Midwife Representative on the Mangere Social Investment Board, Māori Midwife Advisor on the Hāpai te Hauora National SUDI Prevention Coordination Service Advisory Group and Auckland University of Technology Postgraduate Diploma in Midwifery student.



Puti Baker

***Māori midwife and Ngā Māia ki
Tāmaki Makaurau Treasurer***

When Puti was hapū with her first pēpē she wanted a Māori midwife but unfortunately everyone in South Auckland was fully booked. Determined to make this happen, Puti made the choice to travel from Manurewa to Auckland City in order to access a Māori LMC midwife. The experience of having a Māori midwife to support and facilitate the navigation of her childbirth journey really stuck with Puti. Not only did she feel comfortable and supported throughout her pregnancy and birth journey, she felt inspired. Her experience was so powerful that at the end of her maternity leave, instead of returning to her old job she took the plunge and signed up for midwifery study.

Puti studied midwifery at the Waikato Institute of Technology [Wintec] from 2009 to 2012 and completed the new graduate midwife programme with Counties Manukau Health. Puti commenced her studies when her first pēpē was four months old and found out she was hapū with their second pēpē soon after. She had many challenges during her studies. At the end of her first year of study her second pēpē arrived and her mother's breast cancer became terminal. Puti had the support and aroha of many family members who would often come in and out of her whare to do what they could to support her. Halfway through her third year of study Puti was sadly faced with the passing of her mother. This was an incredibly hard time for Puti where she became close to ending her studies. On reflection Puti attributes her perseverance to the incredible support, love and encouragement of Stewart who stood by her side, working hard for their little whānau so she could reach her goals. Her whānau have been an unconditional source of love and pride throughout her study journey and were by her side when she graduated. Puti is immensely proud of her husband who went on graduate as a social worker once she became a midwife.

Puti gleams when she says she loves her work as a midwife and is passionate about providing quality care to all the women and whānau she serves. She says that one of her favourite moments as a midwife is "seeing a mother's look of wonder and a father's tears of joy when they meet their newborn for the first time". She loves to see the growth of new māmā from pregnancy to the last discharge visit. Puti is also very passionate about contributing to work aimed at increasing the amount of Māori midwives in Auckland and across Aotearoa. Her goal is to "support the wāhine coming through the degree, and to encourage others to come and study as well". Puti reflects on NMTM, "I remember back in 2015 hearing that Megan and Kaniwa were starting NMTM monthly hui, I was excited to become involved and help develop a supportive rōpū for students and colleagues". In 2016 Puti became our invaluable rōpū Treasurer. We are grateful for all the hard work she puts into this role and the amazing passion she brings to our kaupapa. NMTM would not be the same without you Puti!



Strength from My Ancestors - Hine Te Iwaiwa
By Regan Balzer for Ngā Maia o Aotearoa

ANNOUNCEMENTS

Puti Baker - Treasurer

Our rōpū warmly welcomes new membership. If you would like to become a Ngā Māia ki Tāmaki Makaurau member please visit our Ngā Māia o Aotearoa website to download a membership form.

<http://www.ngamaia.co.nz>

Annual membership fees:

Midwife - \$100.00

Student Midwife, Whānau, Consumer, Kaumatua - \$30.00.

Cinnamon Lindsay - Secretary

If you are due for your MSR and require certificates for your NMTM professional activity and continuing midwifery education involvement, please email us at least two weeks prior to needing these records.

Also, members can you please advise us if you have a change in contact details for rōpū communications.

Please contact us if you have a notice you would like to have included in our monthly panui.

ngamaia.tamakimakaurau@gmail.com

WHAT YOU MISSED AT OUR LAST HUI

WEDNESDAY 14TH MARCH 2018

- NMTM student representatives presented Kaniwa Kupenga-Tamarama with a beautiful bouquet of flowers and taonga to acknowledge her mahi as our NMTM Deputy Chair and we all wished her well on her relocation to Gisborne. With her fervor, strength and kindness Kaniwa has been instrumental to the revitalisation of Ngā Māia o Aotearoa in Tāmaki Makaurau. Kaniwa will continue as our NMTM Deputy Chair and Ngā Māia o Aotearoa North Island Representative from Gisborne where she will develop links to our rōpū for Māori midwives and students residing in other regions. We wish Kaniwa and her whānau all the best on this exciting new adventure and look forward to seeing you via our NMTM member outreach initiative. Ngā mihi aroha me mihi manahau ki a koe Kaniwa me tō whānau.
- We would like to thank all of the passionate and enthusiastic Māori midwifery students enrolled in the Auckland University of Technology Midwifery Programme who submitted their personal bio for the new 2018 NMTM Student Representative positions. Our current team of NMTM Student Representatives have now been in contact with each of you and our new team will be announced in the next pānui.
- Our NMTM Student Representatives have made amazing progress creating our rōpū merchandise. These will be available for soon for purchase by members, supporters and whānau across New Zealand. Keep an eye out on next month's pānui for further details.

NGĀ MĀIA KI TĀMAKI MAKĀURAU MONTHLY HUI

NAU MAI, HAERE MAI!

Venue: NZCOM Auckland Resource Centre.

Date and Time: Wednesday 11th April 2018, 1800 - 2130

1800 - 1930: Committee and regional business hui.

Ngā Māia ki Tāmaki Makaurau members welcome. MCNZ Accredited.

1930 - 2130: Regional hui and education/discussion forum.

All midwives, students and whānau welcome. MCNZ Accredited.

1930 - 2000

Dr Ben Albert

'Early Life Factors and the Long Term Health of Children: Introducing the Fish Oil in Pregnancy Trial'

2000 - 2030

Annabel Farry

'Membranes Matter'

2030 - 2100

Leigh Henderson and Dr Mataroria Lyndon

'Māori Health and Midwifery Workforce and Service Development at Counties Manukau Health'

You are welcome to bring a plate of kai to share.