

Ngā Māia ki Tāmaki Makaurau

Ngā Māia o Aotearoa Māori Midwives

Monthly hui venue and postal address: NZCOM Auckland Region Midwifery Resource Centre, Yarnton House, 14 Erson Ave Royal Oak, Auckland 1061

Phone: Megan Tahere (Chairperson) 027 3669358 or

Kaniwa Kupenga-Tamarama (Deputy Chairperson) 021 02891937

Email: ngamaia.tamakimakaurau@gmail.com

Ngā mihi nui ki a koutou katoa, warm greetings to you all

Thank you to everyone who attended our July hui. It was another wonderful evening of kai and sharing of wonderful stories. This month we were joined by Selah Hart (Auckland District Health Board and Waitemata District Health Board Māori Health Workforce Development Co-ordinator) and Te Atiwei Ririnui (Master Weaver, Nga Puawaitanga o Tamaki Weavers). Kaniwa Kupenga-Tamarama, our rōpū Deputy Chairperson, also shared with us the inspiring memories of her trip to attend the 31st International Confederation of Midwives Triennial Conference in Toronto, Canada.

We would like to thank Selah for attending and sharing with us initiatives that Kia Ora Hauora are implementing to further support the development of the Māori midwifery workforce. Our Māori midwifery students were able to register with Kia Ora Hauora and hear how they can be supported throughout their studies and into their midwifery career. We would also like to thank Te Atiwei for giving an insightful kōrero about the mahi he does as a Master Weaver and for sharing waiata with us. We hope to build an effective collaboration between NMTM and the Nga Puawaitanga o Tamaki Weavers rōpū to promote and facilitate access to quality resources for our Māori birthing women and whānau.



Upcoming Events

Every Tuesday

AUT Tōhī Toastmasters - City Campus

August 9, 2017

NMTM Hui

August 14, 2017

Pu Ora Matatini Midwifery

Scholarship Programme Applications Close

September 5, 2017

NZCOM Auckland Region Meeting

October 17 - 19, 2017

Oceania Tobacco Control Conference

October 19 - 20, 2017

8th Biennial Joan Donley Research Forum

November 11, 2017

NMTM Māori Midwifery Student (AUT) Hui

November 17, 2017

PADA Seminar Series - Hamilton

Save the Date 2018

November 13 - 16, 2018

Ngā Pae o te Māramatanga 8th Biennial International Indigenous Research Conference

Check out our
Ngā Māia o Aotearoa website
<http://www.ngamaia.co.nz>



Ngā Māia ki Tāmaki Makaurau

Read more about our rōpu
<http://nzcomauckland.org.nz/>

Ngā Māreikura o Ngā Māia ki Tāmaki Makaurau

Ngā mihi ki ngā wāhine whakawhānau me ngā tauira o Ngā Māia ki Tāmaki Makaurau

Acknowledging our Māori midwives and midwifery students

Lissa Yates - Charge Midwife, Counties Manukau Health



Hailing from the North Island - Lissa Yates, our celebrated Māori midwife for July, is the eldest of five children. Her father is from Kaitia (Te Rarawa) and her mother is from Pukekohe (Tainui).

Following her Father's work opportunities, Lissa spent her early childhood travelling the North Island before settling in

Manurewa. Being a sport's orientated whānau, Lissa recalls a busy childhood full of fun, training, activity and games between her and her four siblings. Her whānau moved to Papakura before she started at Rosehill College, and have remained there ever since.

Lissa's young adulthood was, at times, filled with stress and adversity. A strong and resilient wahine, Lissa did not let this undermine her outlook on life. With strength and fervor Lissa reflects, "...past experiences influence and mould us into who we are today, both the good experiences and the not so good ones. What we do with those experiences and how we project them into our current lives makes us who we are". Lissa's past has shaped how she approaches her work as a midwife now - with compassion, respect, sympathy and empathy. In her words, "I care for women in the same way I would like to be cared for and how I would hope and wish any member of my whānau to be cared for". Lissa intimately knows how important individualised and effective maternity care is for young Māori women.

Lissa was 17 years old when her Father was diagnosed with cancer and she found out that she was hapū. At 18 years old Lissa had her first child at the Papakura Primary Birthing Unit. Her GP provided her maternity care and the core staff midwives at the birthing unit provided her intrapartum care. She remembers labouring in the unit with two of her school friend's mothers. This support, she recalls "...was interesting, they sort of provided labour support with all three of us mobilising together, so I didn't

get the chance to feel sorry for myself". Here, alongside care she received from staff sparked her desire to become a midwife. During the birth of her second child at Middlemore Hospital, which she says was "a terrifying time", Lissa met key people who further ignited her passion for midwifery and would later become her colleagues. With the help, love and support of her whānau, Lissa as a single parent, raised her two sons to become great young men.

When Lissa felt ready to begin her midwifery journey, her whānau enabled her success with parenting support, babysitting, financial support, and a lot of love and encouragement. Lissa proudly proclaims, "...my success is my whānau's success and I was more than happy to return the favour when Mum was studying with her degree to become a midwife and aunty duties with my nieces and nephews". Lissa is thankful to the significant people in her life who supported and guided her into midwifery. She believes that "in my heart, it was always what I was destined to be...I love what I do and couldn't imagine doing anything else".

Lissa's aroha and devotion to her family is reflected in the memories she is most proud of. One, is when her baby sister became a Black Fern. Lissa loves to watch her play and loved playing rugby with her when they both were in the Manurewa and Counties Women's Rugby team. Another fond memory is watching her mother graduate, become a registered midwife and a work colleague. She reflects, "I didn't think graduation was a big deal until I went to Mum's graduation celebration, I was so emotional and have so much respect for her; the midwifery degree is not an easy degree".

Lissa loves the variety and challenge that comes with being a core staff midwife at Counties Manukau Health and has recently commenced her new role as a Charge Midwife. No one day is ever the same, and being a self-professed "adrenaline junkie", Lissa thrives in the unpredictable and often chaotic hospital environment. The team she works with is fantastic and even in times of stress, high acuity and understaffing, they still find time for fun and laughter. Lissa loves her collaborative work environment and believes that "the mutual respect between our midwives and obstetric team, I think, is one of the reasons Counties Manukau has such a strong midwifery focus.

Lissa thinks it is fantastic to see more Māori and Pasifika students studying and entering the midwifery workforce. "New Zealand has such a multi-cultural population and our midwifery workforce needs to reflect this population".

KIA ORA HAUORA NEEDS YOU!

As the current and future Māori midwifery health workforce, we want to make sure we keep in contact with you all and ensure that you are enrolled with our programme - Kia Ora Hauora. This programme is designed to support the needs identified by you all as well as enabling the recruitment, retention and revitalisation of the Māori Health Workforce. Kia Ora Hauora provides NMTM with sponsorship grants, useful information and links to employment opportunities. If you have not yet registered with Kia Ora Hauora, we invite you to do so as we have one of the most up-to-date scholarship databases that can help you with your study journey and into the workforce. Enrolling with us is simple, head along to our website and enter your details so we can keep in contact with you.

<http://www.kiaorahauora.co.nz/register-kia-ora-hauora>

If you are already enrolled with our programme, and are now in the workforce, we would love to gain a short profile and photo to include you in some social media communications on our Kia Ora Hauora Northern Facebook page, as well as a newsletter that we are developing to promote and inspire our future Māori midwives! If you have any queries contact us on northern@kiaorahauora.co.nz

WHAT YOU MISSED AT OUR LAST MONTHLY HUI Wednesday 12th July 2017

- Applications for the Pu Ora Matatini Midwifery Scholarship Programme are now open! Scholarships, which come to a total of \$7,000 each, will be awarded to Māori midwifery students enrolled at AUT University who have demonstrated academic excellence and community engagement. For more information please contact Megan Tahere at mtahere@aut.ac.nz
- Our NMTM application to become a registered Charitable Trust is well underway and we are happy to announce this process will soon be finalised.

NAU MAI HAERE MAI KI TE HUI A NGĀ MĀIA KI TĀMAKI MAKĀURAU

Venue: NZCOM Auckland Region Midwifery Resource Centre,
Yarnton House, 14 Erson Ave, Royal Oak, Auckland

Time: Wednesday 9th August 2017, 1800 - 2130

1800 - 1930: Committee and regional business hui
Ngā Māia Trust members welcome

1930 - 2130: Regional hui and education/guest speaker/discussion forum
All midwives, students and whānau welcome - MCNZ approved Continuing Education Provider

August Guest Speakers

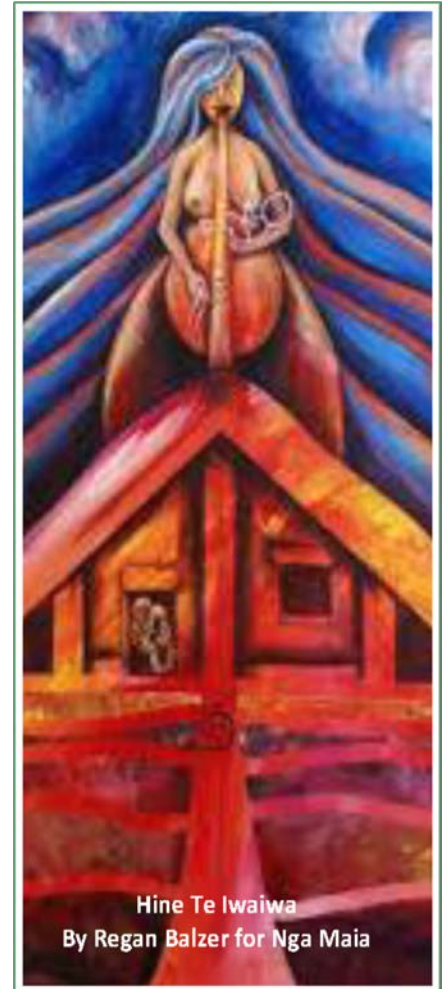
Annabel Farry and Christine Mellor

**Research Consultation: What influences midwives to use ARM in low risk labour
&**

Wiremu Tipuna and Margaret Mehana

AUT University He Korowai Mana Kē - Empowering Futures Mentoring Programme

You are welcome to bring a plate of kai to share.



Announcements

Puti Baker - Treasurer

If you would like to become a Ngā Māia o Aotearoa member, please visit <http://www.ngamaia.co.nz> to download a membership form. Annual membership fees are: Midwife - \$100; Student Midwife, Whānau, Consumer, Kaumatua - \$30.00.

Cinnamon Lindsay - Secretary

If you are due for your MSR and require certificates for your NMTM professional activity and continuing midwifery education involvement, please email us at least two weeks prior to needing these records. Also, members can you please advise us if you have a change in contact details for rūpu communications. ngamaia.tamakimakaurau@gmail.com

2017 Pu Ora Matatini Midwifery Scholarship Programme

Scholarship Applications Now Open



Since 2010 the Pu Ora Matatini Scholarship Programme has provided financial, academic and pastoral support to Maaori midwifery students in response to the shortage of Maaori midwives working in Counties Manukau.

The purpose of the scholarship programme is to support Maaori midwifery students to pursue excellence and succeed in their undergraduate midwifery journey.

Applications are now open to those who meet the following criteria:

- New Zealand Maaori descent
- New Zealand Citizen or Permanent Resident
- Enrolled in the Bachelor of Health Science Midwifery Programme at AUT University
- Intend to join the Counties Manukau midwifery workforce

The key criteria for selection relates to current academic achievement; involvement in your marae, iwi, hapuu and/or wider Maaori community; and commitment to the Pu Ora Matatini Midwifery Scholarship Programme. Shortlisted candidates will be invited to attend a 30 minute panel selection interview which will include a 10 - 15 minute creative presentation by the candidate on the topic 'Ko wai au' (Who am I).

Each scholarship is awarded for a 12 month term and covers course fees of \$5,000 and course related costs of \$2,000. Course fees are paid directly to StudyLink or Inland Revenue over two payments throughout the scholarship term. The course related costs payments are made directly to each scholarship recipient at the beginning of the scholarship term.

For further information or to apply please contact the Pu Ora Matatini Midwifery Scholarship Programme Co-ordinator:

Megan Tahere

Email mtahere@aut.ac.nz

Phone 027 3669358

Applications close Monday 14th August 2017 at 5:00pm.

*Special conditions apply

Your personal information will be stored in accordance with the Privacy Act 1993. This information will be available to the Pu Ora Matatini Scholarship Programme Co-ordinator, Counties Manukau Health hiring managers, Human Resources personnel and AUT University only.

Information related to unsuccessful applicants is retained by Counties Manukau Health for the duration of their scholarship selection process and then for a further period of 12 months when thereafter it will be confidentially destroyed.

countieshealthjobs.com

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| Manaakitanga

| Excellent
| Rangatiratanga

| Valuing everyone
| Whakawhanaungatanga

| Together
| Kotahitanga