

Ngā Māia ki Tāmaki Makaurau

Ngā Māia o Aotearoa Māori Midwives Auckland Region

Regional monthly hui venue and postal address: NZCOM Auckland Region
Midwifery Resource Centre, Yarnton House, 14 Erson Ave Royal Oak, Auckland
Phone: Megan Tahere (Chairperson) 027 3669358 or Kaniwa Kupenga-
Tamarama (Deputy Chairperson) 021 02891937
Email: ngamaia.tamakimakaurau@gmail.com

Ngā mihi nui ki a koutou katoa, warm greetings to you all

As 2016 comes to a close our Ngā Māia ki Tāmaki Makaurau rūpu celebrated with our final hui for the year. We welcomed a record turnout of midwives, students and whānau who came together to share laughter, kai and korero, listen to our guest speaker, celebrate our past years' achievements and acknowledge the passing of our esteemed leader, Whaea Mina Timutimu.

It was with great sadness that we received the news that our much loved Māori midwife and New Zealand College of Midwives kaumatua, Whaea Mina Timutimu passed away earlier this month. The passing of Whaea Mina after a short illness has left a huge void in our profession and she will be greatly missed by all. Whaea Mina's contribution to midwifery and the community was immeasurable, with her dedication and work recognised earlier this year when she was named a Member of the New Zealand Order of Merit. A delegation of kaumatua, midwives and whānau, including Megan Tahere our rūpu Chairperson, Kulham Tahere, Matua Walter Peita-Wharetohunga our rūpu kaumatua, Ngatepaeru Marsters, Glenda Stimpson, Annabel Farry, Karen Guilliland, Nicole Pihema, Crete Cherrington, Robert Carpenter, and Henare and Tungāne Kani, all travelled together to Tauarau Marae in Rūātoki on Wednesday 7th December 2016 to pay respect to our distinguished and long serving leader. Our thoughts are with Whaea Mina's whānau at this time.



We would like to thank Matua Hone Ratana, our December hui guest speaker, who shared his thirty years of knowledge and expertise in rongoa Māori with us. Matua Hone was joined by his wife Whaea Riria Ratana who is also a rongoa Māori practitioner. They brought with them a range of rongoa Māori products for hapūtanga, māmā and pēpi which attendees were able to take home with them, and demonstrated some of the techniques they use to realign the body

Ki te whakaohoho i te mauri o ngā tikanga o ia whānau o tenā o tenā



Upcoming Events

February 7, 2017

NZCOM Auckland meeting

February 8, 2017

Ngā Māia ki Tāmaki Makaurau Hui

February 20, 2017

AUT Pōwhiri for first time enrolled
Māori student's

February 24, 2017

AUT Ngā Rā Whakatere, Tertiary
Readiness Programme

March 24, 2017

The Birthing Room Conference 2017 -
Cultivating Our Roots: Let the Tree
Flourish

March 25, 2017

Ngā Māia ki Tāmaki Makaurau
Wahakura Wānanga

May 25 - 27, 2017

NZNO Women's Health Section
Conference 2017

June 18 - 22, 2017

31st ICM Triennial Congress, Toronto

Check out our
Nga Maia o Aotearoa website
<http://www.ngamaia.co.nz>



Nga Maia ki Tamaki Makaurau

Read more about our rūpu
<http://nzcomauckland.org.nz/>

at a skeletal level on our Deputy Chairperson, Kaniwa Kupenga-Tamarama. This was an amazing learning experience which was thoroughly enjoyed by all. If you would like to access Matua Hone's rongoa Māori services, please contact Te Manu Aute Whare Oranga at the Manurewa Marae to make an appointment. A combination of traditional and contemporary services are available at the Marae to balance mind, body and soul; including rongoa Māori, mirimiri, matakite, microtherapy and homeopathy.

Due to our current third year rōpu Student Representative, Waimarie Onekawa, approaching graduation and Camille Harris progressing into the third year representative role in 2017 we held a second year Student Representative election at our hui. We would like to congratulate Vasa Neria on her election and appointment to this Student Representative position on our Ngā Māia ki Tāmaki Makaurau Committee. In early 2017 we will be seeking expressions of interest to fill our first year Student Representative role.

We would like to congratulate the five recipients of our Ngā Māia ki Tāmaki Makaurau Financial Assistance Grants which included payment of their Ngā Māia o Aotearoa and New Zealand College of Midwives membership fees. The awards were presented at our December hui to Vasa Neria, Aroha Tukerangi, Sean Hamilton, Rikki Gage and Jackie Paki. We are proud to have these passionate women joining our midwifery profession and look forward to supporting them throughout their journey. Kia kaha, kia māia, kia manawanui!

Lastly, from the Ngā Māia ki Tāmaki Makaurau Committee, thank you to everyone who has taken the time to join us at any stage throughout the year. We feel privileged to have such a dedicated and passionate group of midwives, students and whānau who support our Ngā Māia o Aotearoa and Ngā Māia ki Tāmaki Makaurau kaupapa, and we look forward to continuing our journey with you in 2017. Me whakaruruhau, pai hoki o hararei arawheu.



Announcements

Puti Baker - Treasurer

If you would like to become a Ngā Māia o Aotearoa member, please visit <http://www.ngamaia.co.nz> for further details and to download a membership form. Annual membership fees are: Midwife - \$100; Student Midwife, Whānau, Consumer, Kaumatua - \$30.00.

If you are due for your MSR and require certificates for your Ngā Māia ki Tāmaki Makaurau professional activity and elective education involvement, please email us at least two weeks prior to needing these records.

Also, members can you please advise us if you have a change in contact details or email address for rōpu communications.

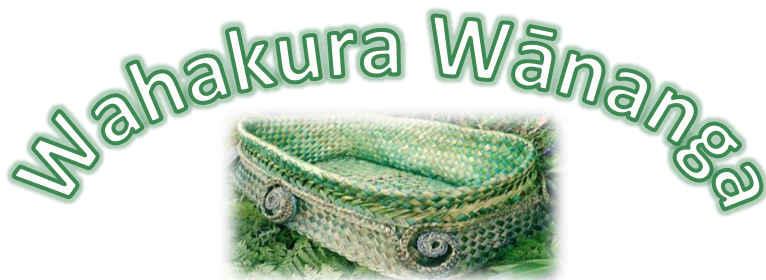
ngamaia.tamakimakaurau@gmail.com

WHAT YOU MISSED AT OUR LAST MONTHLY HUI

Wednesday 14th December, 2016

- Ngā Māia o Aotearoa invites all midwives, student midwives and whānau to become a member or renew their membership for the 2016 - 2017 period. For further details please visit our website <http://www.ngamaia.co.nz>
- We would like to thank Waimarie Onekawa and Camille Harris, our rōpu Student Representatives for their superb facilitation of the student representative election process at our hui which ensured that all candidates were appropriately acknowledged. Congratulations to Vasa Neria our new Student Representative and to our five grant recipients.
- Melissa Te Kani joined us to present the work she has been doing supported by our rōpu, to collect donated goods for māmā and pēpi to make up gift packs to be distributed throughout Counties Manukau by Ngā Māia ki Tāmaki Makaurau members. Melissa secured donations from Warming Hearts and New World which provided additional goods to add to her packs. Ngā Māia ki Tāmaki Makaurau members also donated packets of baby wipes to be added. Thank you Melissa for creating and leading this initiative, we are sure that the packs will be greatly appreciated by our māmā and pēpi.

Ki te whakaohoho i te mauri o ngā tikanga o ia whānau o tenā o tenā



All midwives, midwifery students and whānau are invited to register to attend this kaupapa Māori wānanga

Weave your own wahakura waikawa under the guidance of Cassandra Moar, a master weaver and experienced wānanga facilitator, while you are presented with safe sleeping, breastfeeding and smoke free education and information about community support initiatives available to women and whānau. Save the date and register to relax in the experience of this tikanga Māori rich education day, and be entertained while surrounded by good company and enjoying a delicious hot hāngi for lunch.

Date: Saturday 25th March, 2017 **Time:** 0800 - 1700

Venue: Manurewa Marae - 81 Finlayson Avenue, Clendon, Auckland

Registration fee options: Ngā Māia o Aotearoa member \$40; student or whānau membership and registration \$70; midwife membership and registration \$140; student or whānau non-member \$80; midwife non-member \$150

Registration fee includes: Wahakura Wānanga (attendees should have a completed wahakura at the end of this wānanga), mattress and cover, handbook, morning tea, hāngi lunch, afternoon tea, entertainment, education and a certificate of attendance.

Attendees are required to bring their own prepared harakeke.

We are also taking pre-orders for hāngi from attendees and non-attendees. Please see the full advertisement flyer or contact Puti Baker on 022 0109650 for further registration details, the registration form and to order hāngi.

NAU MAI HAERE MAI KI TE HUI A NGĀ MĀIA KI TĀMAKI MAKĀURAU

Venue: NZCOM Auckland Region Midwifery Resource Centre, Yarnnton House, 14 Erson Ave, Royal Oak, Auckland

Time: Wednesday 8th February 2017, 1800 - 2130

1800 - 1930: Committee and regional business hui

Nga Maia o Aotearoa members welcome (MCNZ professional activity points approved)

1930 - 2130: Regional hui and education/guest speaker/discussion forum

All midwives, students and whānau welcome (MCNZ elective education points approved)

February Discussion Forum

Welcome to 2017 - Reconnect with your peers and colleagues, and discuss exciting developments and plans for Ngā Māia ki Tāmaki Makaurau in 2017

You are welcome to bring a plate of kai to share

Photo / Picture Competition

Ngā Māia ki Tāmaki Makaurau will be designing signage and promotional products for our rōpu to use in the new year. We will be using these out in the community to promote our rōpu and outside the New Zealand College of Midwives Auckland Midwifery Resource Centre so our rōpu, hui and activities can be identified and located more easily.

We would like to include a photo or picture in the design of these which represents Māori birthing and whānau; for example, a photo or picture of māmā and pēpi; māmā, pāpā and pēpi; whānau and pēpi, whānau and their midwife.

Competition and Entry Details:

All midwives, students and whānau are invited to enter the competition.

Competition entry closes on Friday 3rd February 2017 at 1700.

Please submit your photo or picture to ngamaia.tamakimakaurau@gmail.com and include your name, the name of those in your photo or picture, your address and contact phone number.

You may enter more than one photo or picture.

The winner will be announced at our hui on Wednesday 8th February 2017. The winner will receive \$30.00 towards their Ngā Māia o Aotearoa annual membership fee. If the winner is a current member a cash equivalent will be presented.

The winner will be required to complete a permission form giving Ngā Māia ki Tāmaki Makaurau all rights and permission to use the photo or picture.

All enquiries please contact Megan Tahere 027 3669358 or Kaniwa Kupenga-Tamarama 021 02891937

We look forward to receiving your entries.