



August 2017 / Panui 28

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UPCOMING EVENTS

September 5, 2017
NZCOM Auckland Meeting

September 13, 2017
NMTM Monthly Hui

October 19 - 20, 2017
8th Biennial Joan Donley Research Forum

October 17 - 19, 2017
Oceania Tobacco Control Conference

October 19-20, 2017
8th Biennial Joan Donley Research Forum

November 17, 2017
PADA Seminar Series – Hamilton

November 25 - 26, 2017
NMTM Māori Midwifery Student Hui (AUT)

Save the Date 2018
November 13 - 16, 2018
Ngā Pae o te Māramatanga 8th Biennial International Indigenous Research

NGĀ MIHI NUI KI A KOUTOU KATOA

We would like to thank everyone who attended our hui in August. It is inspiring to see such a big turnout of passionate midwives, midwifery students and whānau. It was a wonderful evening sharing kai and hearing from a number of speakers.

At this month's hui we had the opportunity to hear about important new research being carried out by Annabel Farry and Christine Mellor into what influences midwives to use artificial rupture of membranes [ARM] in low risk labour. We would like to thank these incredible researchers for coming to share their work and consult with our rōpū. We would also like to thank Wiremu Tipuna and Margaret Mehana for attending and giving an insightful look into the AUT University He Korowai Mana Kē - Empowering Futures Mentoring Programme. Furthermore, we would like to thank Te Atiwei Ririnui, Annie Ah'mu and Ruth Woodbury of Nga Puawaitanga o Tamaki Weavers rōpū for attending to continue collaborative discussions between our two rōpū. It was a wonderful evening with a diversity of speakers who were able to give us many valuable insights and inspirations.

As we continue to pursue new and exciting opportunities, developing strong partnerships and progressively moving toward our aspirations, we felt that a regional personalisation of the revitalised national Ngā Māia o Aotearoa logo design was in order. Our new logo incorporates a striking silhouette of Rangitoto as an identifiable landmark of Tāmaki Makaurau to symbolise the many maunga in the rohe that bring iwi from across the motu together. Supported by our rōpū kaumatua, Matua Walter Peita-Wharetohunga alongside endorsement from Whaea Naida Glavish, a prestigious and highly respected iwi and community leader and the Chief Advisor Tikanga for Auckland and Waitemata District Health Boards, and approval from our national Ngā Māia o Aotearoa governance we proudly introduce our new rōpū logo in this month's rejuvenated panui design. We would like to thank everyone who supported and was involved in this process.

Ngā Māia o Aotearoa Website
<http://www.ngamaia.co.nz>



Ngā Māia ki Tāmaki Makaurau

Read More About Our Rōpū
<http://nzcomauckland.org.nz/>

NGĀ MĀREIKURA O NGĀ MĀIA KI TĀMAKI MAKĀURAU

NGĀ MIHI KI NGĀ WĀHINE WHAKAWHĀNAU ME NGĀ TAUIRA O NGĀ MĀIA KI TĀMAKI MAKĀURAU

Acknowledging our Māori midwives and midwifery students



Aroha Louise Tokerangi

**Māori midwifery student, Ngā Māia
ki Tāmaki Makāurau and New
Zealand College of Midwives
Auckland Region Committee Student
Representative**

Aroha Tokerangi is a second year AUT University midwifery student who is sharing her inspiring kōrero with us for the month of August. Her whānau come from Waikato Tainui and Hauraki. Aroha spent most of her youth living in South Auckland with her parents and older sister.

Aroha remembers frequently travelling to Kerepehi as a child, to stay with her paternal grandmother. They shared an incredible bond that Aroha holds very dearly. She describes her grandmother as someone who was one of the biggest influences in her life. “She was a very loving, very nurturing woman, she would give the clothes off her back to anyone in need”. When Aroha lost her grandmother at the age of 12 life became very hard and full of personal struggles that she would later overcome and learn from. “I like to think that my grandmother walks with me through this journey and some of her attributes in me keep me sustained...keep me constantly pushing forward, along with my whānau who have come before me, my parents, my tane, three tamariki and my maternal grandmother”.

One of the things that motivated Aroha to become a midwife was the invaluable support she received when she became pregnant at 16 years old. She recalls, “...with my first baby I had an amazing experience with the midwife who looked after me...I was only 16, terrified, no idea what was happening, so for me looking back I can see I really needed the right kind of support in regards to maternity care which I greatly received”. Unfortunately, the experiences that Aroha had in her following two pregnancies were not as positive. Aroha felt that she was treated like a statistic rather than a young pregnant mother who needed support and empathy. A strong, caring and resilient wahine, Aroha has used these experiences as motivation to make positive change in her community. She believes it was a turning point in her life saying, “...every sense in me told me that I didn’t want another person to feel the way I did. So, I made a promise to myself that I would use the experience I had to change the perspectives of midwifery and in myself strive to ensure that all women regardless of who they were, their backgrounds and geographical location received equal, culturally appropriate woman-centered midwifery care. I know I can’t change the world but if I can make a difference to the women I care for that would be fulfillment for me”.

Aroha found getting into the midwifery degree challenging but doing a bridging course in Health Care Support with NZMA gave her the strong knowledge foundation she needed to start university life. Aroha believes that “the content and clinical experience is amazing, you are quickly thrown out into the world of midwifery and I think it either makes you or it breaks you”. With passion, determination and strong support systems Aroha is flourishing in her academic life. She is not only succeeding in her studies but also taking on additional student representative and mentor roles that help engage and improve the midwifery student body. Aroha is selfless, inspired by other people, compassionate and encouraging. This is reflected in the way she talks about helping others, “getting to meet with upcoming Māori first year students and being able to provide them with support whether it’s academic or pastoral has been really fulfilling for me. Seeing them accomplish those first papers and making it into their degree is a feeling that is indescribable”.

Aroha’s love for others is reflected strongly in the bond she has with her whānau. She describes, “I am most proud of my whānau, my tamariki and tāne...it is a tough degree and it’s my whānau that suffer the most from me being absent due to the demands of the degree. That to me is the most challenging thing about studying. It’s finding that time to juggle home and school life, and putting them first without compromising my place in the degree. For me, having them stand beside me enables me to focus on one foot in front of the other...”.



Strength from My Ancestors - Hine Te Iwaiwa
By Regan Balzer for Ngā Maia o Aotearoa

ANNOUNCEMENTS

Puti Baker - Treasurer

Our rōpū warmly welcomes new membership. If you would like to become a Ngā Māia ki Tāmaki Makaurau member please visit our Ngā Māia o Aotearoa website to download a membership form.

<http://www.ngamaia.co.nz>

Annual membership fees:

Midwife - \$100.00

Student Midwife, Whānau, Consumer, Kaumatua - \$30.00.

Cinnamon Lindsay - Secretary

If you are due for your MSR and require certificates for your NMTM professional activity and continuing midwifery education involvement, please email us at least two weeks prior to needing these records.

Also, members can you please advise us if you have a change in contact details for rōpū communications.

Please contact us if you have a notice you would like to have included in our monthly panui.

ngamaia.tamakimakaurau@gmail.com

WHAT YOU MISSED AT OUR LAST HUI

WEDNESDAY 9TH AUGUST 2017

- We are pleased and excited to announce that from August 21st Ngā Māia ki Tāmaki Makaurau is now a Registered Incorporated Charitable Trust. Our Trust Deed can be viewed online at http://www.societies.govt.nz/cms/banner_template/SOCAGENT
- Congratulations to Puti Baker and Estelle Mulligan who have been elected as the Māori Midwife Advisors on the Hāpai te Hauora National SUDI Prevention Coordination Service Advisory Group.
- The NMTM Māori AUT Midwifery Student Hui will be held on the 25th-26th November at AUT University's Ngā Wai o Horotiu Marae. We will be announcing the exciting, influential and inspiring guest speakers who will be joining us in our September panui.
- Matariki 2017 was celebrated for the third consecutive year with our NZCOM Auckland region colleagues in July. We were joined by Master Weaver, Te Atiwei Ririnui who shared a presentation on Tikanga Raranga, focusing on the importance of resource management of the Pā Harakeke and preparation of harakeke. Te Atiwei also demonstrated muka extraction with some attendees being able to gain some hands on experience. All in attendance enjoyed delicious seafood chowder, wholesome pumpkin soup, fresh fried bread and carrot cake. Thank you to all our wonderful NMTM members who helped to make the evening a success.



NGĀ MĀIA KI TĀMAKI MAKĀURAU MONTHLY HUI

NAU MAI, HAERE MAI!

Venue: NZCOM Auckland Resource Centre.

Date and Time: Wednesday 13th September 2017, 1800 - 2130

1800 - 1930: Committee and regional business hui.

Ngā Māia o Aotearoa members welcome. MCNZ Accredited.

1930 - 2130: Regional hui and education/discussion forum.

All midwives, students and whānau welcome. MCNZ Accredited.

Cinnamon Whitlock, 1930 - 2015

Māori Party Candidate, Kelston Electorate

'The Māori Party's Whānau Policy'

and

Ngā Māia ki Tāmaki Makaurau, 2015 - 2130

'Waiata Parakitihi'

You are welcome to bring a plate of kai to share.