



Tāmaki Makaurau
Māori Midwives

October 2017 / Pānui 30

Hui and Postal Address: NZCOM Auckland Resource Centre, Yarnton House, 14 Erson Ave Royal Oak, Auckland 1061
Phone: Megan Tahere (Chair) 027 3669358 or Kaniwa Kupenga-Tamarama (Deputy Chair) 021 02891937
Email: ngamaia.tamakimakaurau@gmail.com

UPCOMING EVENTS

November 7, 2017

NZCOM Auckland Meeting

November 8, 2017

NMTM Monthly Hui

November 25 - 26, 2017

NMTM Māori Midwives and Midwifery Student Hui (AUT) (Auckland)

November 30, 2017

Ngā Māia o Aotearoa AGM (Christchurch)

November 30 - December 3, 2017

Kai Tahu Kaiwhakawhānau Rōpū Hui (Christchurch)

December 8 - 9, 2017

Te Kahu Wahine Māori Midwives and Midwifery Student Hui (Kaitiaki)

Save the Date 2018

August 24 - 25, 2018

15th NZCOM Biennial National Conference

November 13 - 16, 2018

Ngā Pae o te Māramatanga 8th Biennial

Ngā Māia o Aotearoa Website

<http://www.ngamaia.co.nz>



Ngā Māia ki Tāmaki Makaurau

Read More About Our Rōpū

<http://nzcomauckland.org.nz/>

NGĀ MIHI NUI KI A KOUTOU KATOA

We would like to thank all the midwives, midwifery students and whānau who were able to make it to our October hui. It was a great to see everybody coming together to share kai, plan for our exciting upcoming events and engage in interesting, community focused discussion.

At this month's hui we had the opportunity to kōrero with members of the Hāpai Te Hauora team; Lance Norman (Chief Executive Officer), Zoe Hawke (General Manager - National Tobacco Control Advocacy Service), and Hinerangi Rhind-Wiri (Research and Communications Co-ordinator - National SUDI Prevention Co-ordination Service). Hāpai Te Hauora is passionate about making a difference in the health outcomes of our communities through important research, intervention and collaboration; joining us at our hui to discuss the new National SUDI Prevention Co-ordination Service, and how we can work together to ensure Māori women and their whānau have access to safe sleeping devices and smoke free support. We look forward to strengthening our relationship with the Hāpai Te Hauora team to ensure the best outcomes for Māori women and their whānau.



Our NMTM 2017 Māori Midwives and Midwifery Student Hui to be held at the AUT Ngā Wai o Horotiu Marae on the 25-26th of November is fast approaching! We would like to thank everyone who has already registered to attend and encourage those who have not, to register and join us for this spectacular event. Nau mai haere mai!



Strength from My Ancestors - Hine Te Iwaiwa
By Regan Balzer for Ngā Maia o Aotearoa

WHAT YOU MISSED AT OUR LAST HUI

WEDNESDAY 11TH OCTOBER 2017

- Ngā Māia o Aotearoa will hold a Special Meeting on the 27th October at the Auckland Domestic Airport meeting room to discuss two proposed changes to the national Ngā Māia o Aotearoa Trust Deed. Further information about the proposed amendments can be found at <https://www.ngamaia.co.nz/trust-deed-meeting-2017>
- This year's Ngā Māia o Aotearoa AGM will be held in Christchurch and hosted by the Kai Tahu Kaiwhakawhānau Rōpū at Te Whareniui o Mihi Winiata at Hillmorton High School. The AGM will be on the 30th November 2017 from 5pm-7pm. As part of the agenda there will be an Election of Trustees. We would love to see as many of our NMTM members there as possible for this event! It will be a time to come together with all of our fellow Ngā Māia o Aotearoa members to celebrate our achievements, reflect on the year so far and plan for the future. Details for official NMOA Board Nominations can be found at www.ngamaia.co.nz/national-hui-2017
- We had a lovely morning supporting Home Birth Aotearoa with the mihi whakatau for their 2017 conference held on Saturday 7th – Sunday 8th October at the Jet Park Air Port Hotel and Conference Centre. Thank you Home Birth Aotearoa for inviting us to support your conference, we look forward to strengthening our partnership with you to promote home birth for our Māori women and whānau. Also, thank you to our Kaumatua, Matua Walter Peita-Wharetohunga and all our members who were available to attend and tautoko this event.
- Due to the advertising of our 2017 NMTM Māori Midwifery Student Hui in the coming month's panui our 'Ngā Māreikura o Ngā Māia ki Tāmaki Makaurau' segment will recommence in February 2018. We look forward to sharing more stories about the amazing Māori midwives and student midwives we are proud to have in our rōpū.

ANNOUNCEMENTS

Puti Baker - Treasurer

Our rōpū warmly welcomes new membership. If you would like to become a Ngā Māia ki Tāmaki Makaurau member please visit our Ngā Māia o Aotearoa website to download a membership form.

<http://www.ngamaia.co.nz>

Annual membership fees:
Midwife - \$100.00
Student Midwife, Whānau, Consumer, Kaumatua - \$30.00.

Cinnamon Lindsay - Secretary

If you are due for your MSR and require certificates for your NMTM professional activity and continuing midwifery education involvement, please email us at least two weeks prior to needing these records.

Also, members can you please advise us if you have a change in contact details for rōpū communications.

Please contact us if you have a notice you would like to have included in our monthly panui.

ngamaia.tamakimakaurau@gmail.com

NGĀ MĀIA KI TĀMAKI MAKĀURAU MONTHLY HUI NAU MAI, HAERE MAI!

Venue: NZCOM Auckland Resource Centre.

Date and Time: Wednesday 8th November 2017, 1800 - 2130

1800 - 1930: Committee and regional business hui.

Ngā Māia ki Tāmaki Makaurau members welcome. MCNZ Accredited.

1930 - 2130: Regional hui and education/discussion forum.

All midwives, students and whānau welcome. MCNZ Accredited.

Ngā Māia Ki Tāmaki Makaurau, 1930 - 2130

Discussion Forum

'NMTM Action Points for 2018'

and

Waiata

You are welcome to bring a plate of kai to share.



Tāmaki Makaurau
Māori Midwives

SAT 25TH & SUN 26TH
NOVEMBER 2017

AUT **MĀORI** MIDWIFERY STUDENT HUI

Māori Midwifery Students,
Midwives **and Whānau**

Ngā Wai o Horotiu Marae
Auckland University of Technology
City Campus - 69 Wellesley Street, Auckland

A celebration of Ngā Māia ki Tāmaki Makaurau and Māori midwifery workforce development in the Auckland region.

Empowering, inspiring, sustaining and retaining our Māori midwives and future Māori midwives.

MCNZ continuous midwifery education hours approved.

Sponsored by:



Professor
Meihana Durie
—
Naida Glavish
—
Leigh-James Henderson
—
Penny-Anne Whare
Kupenga-Keefe
—
Awhitia Mihaere
—
Riki Nia Nia
—
Te Atiwei Ririnui
—
Rhonda Tibble
—
Dr Hope Tupara
—
Mahia Winder
—
Lissa Yates

**NGĀ MĀIA KI TĀMAKI
MAKAURAU**

Hui Enquiries: 022 0109650
ngamaia.tamakimakaurau@
gmail.com

www.ngamaia.co.nz
nzcomackland.org



DAY ONE - SATURDAY 25th NOVEMBER 2017

0815 - 0845

Pōwhiri

Welcome and hui opening.

Walter Peita-Wharetohunga

Te Wai Ariki, Ngāti Whātua; Taumata Kaumatua, Ngā Māia ki Tāmaki Makaurau.

Lavinia McGee-Repia

Ngāti Wai; Whānau Representative, Ngā Māia ki Tāmaki Makaurau.

0845 - 0915

Whakanoa - morning tea

0915 - 0925

Programme overview

Megan Tahere

Te Whānau ā Apanui, Ngāti Awa, Ngāti Ranginui, Ngāi Te Rangī, Ngāti Porou, Ngāti Whātua and Ngāpuhi; Midwife, Counties Manukau Health; Māori Midwifery Liaison, Clinical Educator and Pu Ora Matatini Midwifery Scholarship Programme Co-ordinator, AUT University and Counties Manukau Health; Chair, Ngā Māia ki Tāmaki Makaurau; Deputy Chair, New Zealand College of Midwives, Auckland Region.

Hui sponsor opening address

Kia Ora Hauora, Auckland District Health Board and Waitematā District Health Board

0925 - 0945

The health system desperately needs new leaders. Will this be you?

Like most sectors, the health system is yet to achieve health system excellence for all the populations we serve. Lifting our performance requires new leaders who bring new ideas, new energy and new approaches. We need you to be that change!



Riki Nia Nia

Riki Nia Nia, of Tuhoē and Ngāti Kahungunu descent, is currently the General Manager Māori Health for both Auckland and Waitematā District Health Boards. He is also Chair of Tumu Whakarae, the national strategic Māori health leadership group for District Health Boards, and Chair of the Kia Ora Hauora Māori Health Careers Programme. Riki has been in senior health management roles since 1997, including Public Health. Riki was also recently appointed to the Chair of Te Mana Taneora o Aotearoa, the New Zealand Māori Men's Health Coalition.

0945 - 1005

Eliminating Māori health inequity at Counties Manukau Health

As a District Health Board we serve one of the largest and most diverse Māori populations in the country. Achieving Māori health equity is a key priority for us. Our commitment to this is driven by our desire to acknowledge and respect the Treaty of Waitangi and our belief that if we are serious about achieving health equity for our total population, we must first strengthen our commitment and drive to accelerate Māori health gain in our community.



Leigh-James Henderson

Leigh-James Henderson, of Tuhoē and Ngāti Kahungunu decent, is the Workforce Development Manager - Māori Health, at Counties Manukau District Health Board. Leigh has spent over 20 years in the health and social sector, and has held senior positions in the Department of Prime Minister and Cabinet, Ministry of Health, Te Taura Whiri i Te Reo Māori – the Māori Language Commission, Department of Correction and Te Rau Matatini – the National Māori Workforce Development Centre. Leigh is actively involved in voluntary groups with a focus on prisoner reintegration, domestic violence and suicide prevention.

1005 - 1200

Whakawhanaungatanga: Creating links and relationships

Develop confidence with a guide to making a start on your pepehā in a small group before coming together with the larger group to create further links and relationships.

Puti Baker

Ngāti Ranginui, Ngāi Te Rangī, Ngāti Pūkenga; Treasurer, Ngā Māia ki Tāmaki Makaurau; Māori Midwife Advisor, Hapai Te Hauora National SUDI Co-ordination Service; Māori Midwife Representative, Mangere Social Investment Board; LMC Midwife, Counties Manukau.

Kaniwa Kupenga-Tamarama

Ngāti Porou; Deputy Chair, Ngā Māia ki Tāmaki Makaurau; North Island Representative, Ngā Māia o Aotearoa; LMC Midwife, Counties Manukau.

1200 - 1245

Lunch

1245 - 1300

Mihi whakatau

Welcome and acknowledgement of arriving hui guests and attendees.

Walter Peita-Wharetohunga

Lectures

1300 - 1430



Kia toi te mana, kia tau te mauri, kia tupu te māramatanga

Discussing the relevance of three dimensions critical to the promotion of Māori vitality and to the elevation of whānau wellbeing: mana; mauri and māramatanga.

Professor Meihana Durie

Professor Meihana Durie currently heads Te Putahi-a-Toi (School of Maori Art, Knowledge & Education) at Massey University. He was previously based at Te Wānanga o Raukawa in Otaki, being closely involved with the establishment of Nga Purapura, an iwi-driven high performance centre for sport, exercise and Māori health education. Meihana is a past recipient of the Sir Peter Snell Doctoral Scholarship in Exercise Science and Public Health and the New Zealand Health Research Council Hohua Tutengaehe Postdoctoral Fellowship award. His work explores the application of Mātauranga Māori (Māori bodies of knowledge) in response to contemporary Māori realities with an emphasis on pathways that elevate transformative and transcendental outcomes. Meihana contributes to a range of initiatives in Māori education, health, research as well as the field of Māori visual arts as a filmmaker.

1430 - 1545



Te hokinga mai

Empowering, inspiring, sustaining and retaining Māori identity in New Zealand midwifery.

Dr Hope Tupara

Dr Hope Tupara is a uri of Ngāi Tāmanuhiri, Rongowhakaata, Ngā Potiki, Ngāi Te Rangihouhiri, Ngā Puhi. She is a self-employed research and development consultant and she lives in Levin. Hope has been a registered midwife for over 20 years, mainly as a LMC in Horowhenua and Manawatu. Hope was appointed to the inaugural Midwifery Council where she served for three years. She was a midwifery lecturer at Massey University, Palmerston North, before moving to Te Pūmanawa Hauora Research Centre for Māori Health and Development. She currently leads the PhD Programme at Te Pūmanawa Hauora on Massey's Wellington campus. Hope has held various governance and advisory positions for her iwi. She is an active member of the Māori Women's Welfare League.

1545 - 1615

Afternoon tea

1615 - 1800

Hui tuku tohu: Pu Ora Matatini Midwifery Scholarships, Māori midwifery student grants, and academic achievement and community involvement awards

Acknowledging and celebrating the achievements of our AUT Māori midwifery students.

Leigh-James Henderson

Megan Tahere

1800 - 1900

Dinner

1900 - 2230

Concurrent sessions

Workshops

1900 - 2130



Tikanga raranga

Understanding resource management of Pā Harakeke and preparation of harakeke as key components of tikanga raranga; followed by a muka extraction and miro demonstration, and hands on practice with techniques to tie the iho with muka.

Te Atiwei Ririnui

Te Atiwei Ririnui is a descendant of Ngā Puhi, Ngāti Wai, Ngāi Te Rangī, Ngāti Ranginui, Ngāti Awa and Ngāi Tahu. He is a master weaver specialising in raranga whakairo. Te Atiwei is near completion of a Masters of Applied Indigenous Knowledge with Te Wānanga o Aotearoa, exploring his lived experience as a weaver and the applied practice of raranga whakairo, in particular Poutama. Te Atiwei is the Mātanga Toi for Te Taura Here o Ngāi Tahu ki Tāmaki Makaurau, Pouako for the development of raranga practices with Te Rūnanga o Ngāi Tahu, and is a member of Ngā Puawaitanga o Tāmaki Weavers and Ngā Māia ki Tāmaki Makaurau.

1900 - 2230

Traditional Māori healing



Formulated within a Māori cultural context, traditional Māori healing is informed by a body of knowledge that has as its core the enhancement of Māori wellbeing. Hui registration includes an optional 15 minute holistic healing session with a traditional Māori healing practitioner. To utilise this option you are invited to select your session time in the booking system on arrival or throughout the day; and depending on your individual needs, additional 15 minute sessions are available for booking on a koha basis in direct communication with your chosen traditional Māori healing practitioner.

Lillian (Riria) Johnson

Ngāpuhi nui tonu, Ngāi Te Rangī; Rongoa Practitioner for 15 years; Rongoā Māori Certification, Te Wānanga o Aotearoa; Member of National body for Rongoā, Te Kahui Tawharautanga mo Nga Rongoā o Aotearoa.

Penny-Anne Whare Kupenga-Keefe

Ngāti Porou, Ngāti Kahungunu; Ahikaaro; Kaiarahi, Northland Suicide Prevention.

Awhitia Mihaere

Ngāti Porou, Ngāti Kahungunu; Traditional Māori Birther; Practitioner of infertility and fertility, Koomirimiri, Romi Romi, Mirimiri, Te Mai oo Rewa Haputanga Wānanga; Kaiako, Rongoā Māori, Te Wānanga o Aotearoa.

Hone Ratana

Te Arawa, Mataatua, Ngāti Awa; Rongoā Consultant Practitioner for over 25 years; Trustee National Body for Rongoā, Te Kahui Tawharautanga mo Nga Rongoā o Aotearoa for 20 years; Kaiako, Presenter, Academic Lecturer of Rongoā Māori for 8 years; Dip, BA, Post Graduate Master's Degree, Applied Indigenous Knowledge of Rongoā; Kaiarahi Rongoā Service with Raukura Hauora o Tanui.

2130 - 2200

Supper



DAY TWO - SUNDAY 26th NOVEMBER 2017

0745 - 0815

Breakfast

0815 - 0845

Mihi whakatau

Welcome and acknowledgement of arriving hui guests and attendees.

Walter Peita-Wharetohunga

Midwifery discussion panel

0845 - 1030

Bridging theory and practice: Questions and answers

Engage with four experienced midwives and preceptors of AUT midwifery students to have all your questions about the role of the midwife and student midwife, and bridging theory and practice answered in this interactive panel discussion.



Puti Baker

Kaniwa Kupenga-Tamarama

Lissa Yates

Charge Midwife, Counties Manukau Health.

Mahia Winder

Māori Midwife Advisor and Te Manawa o Hine Team Leader, Auckland District Health Board.



1030 - 1100

Morning tea

Workshops

1100 - 1300



The health benefits of karanga

Explore the health benefits of karanga and the use of karanga in midwifery practice.

Naida Glavish

From the early 1980s Naida has been involved in the affairs of Māori in education and health. In May 1984 as a humble toll operator Naida challenged the might of the then Post Office, which is a Government Agency and won the right to use 'Kia ora' across Aotearoa New Zealand and she continues to campaign for the rights of her people and the reo Māori language. As the Chief Advisor Tikanga Māori (C.A.T) for Waitematā and Auckland District Health Boards she leads the organisation in managing relationships with mana whenua and iwi Māori from a tikanga perspective and provides assistance in managing Treaty of Waitangi risks across both District Health Boards. Naida is the author of the Tikanga Best Practice Policy which is used nationally across many of the District Health Boards and some organisations in the private sector. As a strong advocate for Māori and non-Māori Naida has proven the ability to link government initiatives and community expectations. The introduction of practices based on tikanga Māori have made a significant contribution to Māori health gains. Naida is the co-Chair of her tribal iwi Te Rūnanga o Ngāti Whātua and was appointed as an iwi member for the Whānau Ora Partnership Group.

1300 - 1345

Lunch

1345 - 1545



Te Whare Tangata - Te Iho Mauri Oho a Hine - He A Tua - He Oriori Hine Tapairu - No whea te mana? The sacred cosmological underpinnings from the Kauae Runga to the Kauae Raro of the Whare Tangata!

Have you ever wondered what the tipuna knowledge system were that allowed us to understand the magic of the Whare Tangata? In this kauhau ariki I break down for you the evidence that substantiates a Ngāti Porou world view of the value of the Whare Tangata from its cosmological origins right through to the current day applications. I will take you quickly through the majesty of this universe and immerse and introduce you to parts of your sacred DNA genome as a Tangata Whenua you may not have thought to look at or give relevance too. Let me take you on a grand journey and then allow you through kōrero wānanga to apply the ngutukura of the wānanga to your current day practice and what that might mean for you in application as a Māori midwife. I will ensure that you set a taumata for your own personal repatriation of this wānanga for the purposes of taking theory into praxis. Be willing to move the curtain of clinical methodology to open the veil of tipuna ancestral knowledge and realise that there is so much more beyond the veil to access for the rituals of birth, life and death that a midwife a sacred seed of Maia Poroaki must know. The relationship of your critical practice to the Wai 262 Claim.

Rhonda Tibble

Ngāti Porou, Whānau ā Apanui, Te Aitanga a Mahaki. Head of Faculty, Mātauranga Māori, Auckland Girls Grammar; Pouako, Te Reo Māori - Ngāti Porou, Te Whare Wānanga o Awanuiārangi; Reo Ngāti Porou Advocate; Chair, Taurahere o Ngāti Porou ki Tāmaki Makaurau; Wairua Practitioner. He Ruahine, He Wahine, He Kohine - Katoa mai ko au. (Who is this woman?). I've spent my lifetime of experience understanding more deeply the tapestry of wonderment that belongs to our ancestral tipuna knowledge inside its reo, its customs, its behaviours to come to some very profound knowing about who and what we are as tangata whenua of Aotearoa. As a wairua practitioner, a native reo speaker, a teacher, a facilitator, a transformation agent of people who are hurt, lost, disconnected and unaware of the majesty of their own power I have had the privilege to witness and incept some very deep change in people. It is an absolute privilege and honour to share my knowledge with Ngā Māia ki Tāmaki Makaurau to dine with me and digest "Kai a Te Rangatira", "Kai Maro" from our ancestral store houses of antiquity quintessentially grounded in Mātauranga Tipuna for the future providence of our race. May our harvest be bountiful. Kia nui te kai hei pātaka iringa kōrero ma te katoa. Noho Mauri Oho a Hine!

1545 - 1630

Hui highlights and evaluation

Hui reflection and evaluation.

Kaniwa Kupenga-Tamarama

1630 - 1700

Marae clean-up

1700 - 1715

Karakia whakamutunga

Hui closing.

Walter Peita-Wharetohunga

1715 - 1845

Dinner



AUT MĀORI MIDWIFERY STUDENT HUI REGISTRATION FORM
SAT 25TH & SUN 26TH NOVEMBER 2017
Ngā Wai o Horotiu Marae, AUT City Campus - 69 Wellesley St, Auckland

Registration Information			
Last Name		First Name	
Street Address			
Phone		E-mail Address	
Student registration details	AUT University Year of Study		
Midwife registration details	LMC Area	Core staff DHB	MCNZ #
Whānau registration details	Occupation/Organisation		
Dietary requirements/Allergies			

Registration Type		✓
Ngā Māia ki Tāmaki Makaurau [NMTM] member hui registration	\$20.00	
Student, whānau or kaumatua NMTM membership fee and hui registration	\$50.00	
Midwife NMTM membership fee and hui registration	\$120.00	
Payment due	\$	

Accompanying Whānau Attendance										
Meals	Morning Tea		Lunch		Afternoon Tea		Dinner		Supper	
	Adult	Child	Adult	Child	Adult	Child	Adult	Child	Adult	Child
Day One										
Day Two										

Whānau is at the centre of our mahi. Your whānau is welcome to come and enjoy the hui with you at no extra charge. Please indicate when and how many of your whānau members will be joining us for meals so we can cater accordingly.

Registrations close Friday 10th November 2017

- Registration is open to Ngā Māia ki Tāmaki Makaurau / Ngā Māia o Aotearoa Māori midwives, midwifery students, and whānau members.
- Please email your completed hui registration form (and membership application form if required) to Puti Baker at ngamaia.tamakimakaurau@gmail.com
- Once your hui registration has been processed you will receive an email with payment details.
- Registration fee must be paid by Wednesday 15th November 2017.
- Registration fee includes marae accommodation, meals and an optional 15 minute traditional Māori healing session.
- Please bring your own sheet, blanket, pillow, toiletries and parking funds.

For all hui enquires please contact: Puti Baker 022 0109650